

Brittany N. Hampton

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EDUCATION

Anticipated **Doctor of Philosophy in Clinical Psychology**

May 2027
University of Mississippi, Oxford, MS
Advisor: Stefan Schulenberg, Ph.D.
Graduate Minor: Interdisciplinary Statistics

August 2024 **Master of Arts in Clinical Psychology**

University of Mississippi, Oxford, MS
Thesis: *Substance Use Amongst Veterans Following Post-Deployment Reintegration: An Examination Through the Lens of Acculturation*
Chair: Stefan Schulenberg, Ph.D.

2019 **Bachelor of Arts in Psychology & Spanish**

Marist College, Poughkeepsie, NY
Minor: Global Studies

Fall 2017 **Universidad Carlos III de Madrid**, Getafe, Spain

RESEARCH EXPERIENCE

2024-present **Research Health Science Specialist**

Central Arkansas Veterans Healthcare System, Little Rock, AR
Supervisors: Marcela C. Weber, Ph.D., and Brandon J. Griffin, Ph.D.

- Assist with scoping review (i.e., article screening, data extraction, manuscript writing) of protective factors that promote wellbeing amongst veterans
- Project coordinator for the South Central MIRECC pilot study research program

2021-present **Graduate Research Assistant**

Clinical-Disaster Research Center, University of Mississippi, MS
Supervisor: Stefan Schulenberg, Ph.D.

- Data collection for quantitative studies on COVID-19 disaster response, positive psychology, and Veteran adaptation to civilian life
- Manuscript writing and literature review for studies of COVID-19 disaster response, posttraumatic growth, and psychological strengths

2019-2021 **Research Health Science Specialist**

Center for Integrated Healthcare, Syracuse VA Medical Center, NY
Supervisors: Emily Johnson, Ph.D., and Kyle Possemato, Ph.D.

- Conducted qualitative interviews on the development of brief, integrated, behavioral health treatments for Veterans in primary care settings
- Analyzed qualitative data using Rapid Qualitative Template Analysis (wrote summaries, reviewed iterative interim matrices, and contributed to considerations of saturation and the final analysis)
- Prepared and edited written materials for IRB, grant, and manuscript submissions

- Conducted phone-based recruitment and eligibility screening
- Performed data entry, data cleaning, and data analysis tasks
- Monitored and prepared reports on data collection efforts for lab meetings
- Reviewed and documented literature on primary care-based PTSD interventions for a systematic review

2018 **National Science Foundation REU Fellow**

Undergraduate Trauma Research Training Program, Syracuse University, NY
Supervisor: Matthew Dykas, Ph.D.

- Completed a 4-week training through the National Science Foundation (NSF) funded Research Experiences for Undergraduates (REU) Fellowship
- Attended courses on the neurobiological, psychological, and physiological aspects of trauma as well as advanced courses in research methods and statistics
- Designed independent project which examined the relationship between childhood trauma, combat exposure, and PTSD symptomatology in a sample of veterans
- Collaborated with an interdisciplinary team on a group project assessing PTSD and cardiovascular disease

2018-2019 **Primary Investigator**

Honors Thesis, Marist College, NY
Supervisor: Jason Trent, Ph.D.

- Directed literature review, hypothesis generation, and study design
- Independently learned new software to build experiment and design study materials
- Scheduled participants
- Obtained consent and administered computer-based task in SuperLab
- Oversaw quantitative data collection
- Conducted quantitative data analysis (regression tests in SPSS)

2016-2019 **Research Assistant**

Marist College, NY
Supervisors: Kristin Jay, Ph.D., Kimery Levering, Ph.D., & Jason Trent, Ph.D.

- Scheduled participants and conducted informed consent procedures
- Administered computer-based experiments and questionnaires using a variety of software (i.e., SuperLab, Qualtrics, SurveyMonkey)
- Collected and processed physiological data for galvanic skin response (GSR) using finger electrodes and LabScribe software
- Trained research staff members on how to operate GSR equipment
- Input and analyzed data with Microsoft Excel and SPSS
- Co-authored abstract submissions and posters
- Presented posters on behalf of research team

2018-2019 **Research Assistant**

University of Hartford, CT
Supervisor: Lauren Sala, Psy.D.

- Transcribed and coded qualitative interviews in NVivo12
- Wrote results sections of manuscripts regarding qualitative coding

TEACHING EXPERIENCE

- 2023 **Guest Lecturer**
 PSYC 201 – Introduction to Psychology, University of Mississippi, MS
 “Psychological Disorders and Treatment”
- 2022 **Statistics Tutor**
 PSYC 202 – Statistics for Behavioral Sciences, University of Mississippi, MS
- 2021-2024 **Teaching Assistant**
 PSYC 201- Introduction to Psychology, University of Mississippi, MS
- 2018 **Teaching Assistant**
 PSYC 350- Research Methods I, Marist College, NY

CLINICAL EXPERIENCE

- 2024-
 present **Graduate Student Assessor**
 Psychological Services Center (PSC), University of Mississippi, MS
Supervisor: Kristin Austin, Ph.D.
- Conduct integrated assessments including evaluations for learning disorders, ADHD, Autism, intellectual disability, giftedness, and personality disorders
- 2022-
 present **Graduate Student Therapist**
 Psychological Services Center (PSC), University of Mississippi, MS
Clinical Supervisors: Stefan Schulenberg, Ph.D., Aaron Lee, Ph.D., Kristin Austin, Ph.D.
- Conduct semi-structured clinical and diagnostic interviews
 - Monitor patient progress with evidence based self-report measures
 - Provide individual psychotherapy to adults using evidence based interventions (i.e., CBT, ACT, DBT skills, motivational interviewing) and conceptualize cases
- 2023-2024 **Graduate Student Therapist**
 University Counseling Center, University of Mississippi, MS
Clinical Supervisors: Christina Kepner, LPC, & Juawice McCormick, Ph.D.
- Provide individual psychotherapy to young adults with a wide range of emotional problems using evidence based interventions (i.e., CBT, DBT skills, motivational interviewing)
 - Conduct semi-structured clinical intake interviews and conceptualize cases
- 2022-2023 **Psychological & Behavioral Services Intern**
 North Mississippi Regional Center (NMRC), MS
Clinical Supervisor: Melinda Redding, Ph.D.
- Provide individual counseling to residential clients with intellectual/developmental disabilities (e.g., Prader-Willi Syndrome and Lesch-Nyhan Syndrome)
 - Conduct various full-battery assessments (e.g., intellectual and achievement testing, adaptive functioning interviewing, functional behavior assessments)

- 2019 **Peer Mentor**
 Challenge to Change, NY/Gaza
Supervisor: Noura Hajjaj, Ph.D.
- Engaged in weekly video sessions focused on emotional support, career development, intercultural exchange, and language proficiency with an Arab university student living in the Gaza Strip
- 2018-2019 **Mental Health Specialist**
 Basis Labs Inc., CA
Clinical Supervisor: Lindsay Trent, Ph.D.
- Completed motivational interviewing (MI) training in order to provide 45-minute counseling sessions to clients using online video platform/mobile-phone application
 - Facilitated practice role-play sessions and evaluated progress of trainees
- 2018-2019 **Psychology Intern**
 Family Services Center for Victim Safety & Support, NY
Supervisor: Kathleen Peluso, LCSW
- Completed NYS Rape Crisis Counselor training to operate crisis hotline
 - Advocated for crime victims by accompanying them to court and physical assault exams, assisting with legal paperwork, and connecting them to appropriate resources
- 2017 **Clerical Staff Member**
 Sunrise Counseling Center, NY
Supervisor: Richard Scheinberg, LCSW
- Handled new patient intakes over telephone, scheduled therapy and medication management appointments, typed official letters for providers

PEER- REVIEWED JOURNAL PUBLICATIONS

7. Pavlacic, J. M., **Hampton, B. N.**, Young, J., Witcraft, S. M., Navarro Flores, C. M., Vázquez, A. L., & Rheingold, A. A. Systematic review of mindfulness-based ecological momentary interventions: Synthesizing current methods and identifying directions for future research. *Journal of Technology in Behavioral Science*. <https://doi.org/10.1007/s41347-024-00416-8>
6. Weber, M. C., **Hampton, B. N.**, & Schulenberg, S. E. (2024). Positive psychological predictors of preparedness for tornadoes, structural fires, and large-scale disease outbreaks: A study of U.S. university students and employees prior to COVID-19. *Natural Hazards Review*. 25(3), 04024016. <https://doi.org/10.1061/NHREFO.NHENG-1934>
5. Johnson, E. M., Possemato, K., Chinman, M., True, G., Hedges, J., **Hampton, B. N.**, Edelman, E., & Maisto, S. A. (2023). Integrating stakeholder feedback into design of a peer-delivered primary care wellness program: A rapid qualitative study. *BMC Health Services Research*. 23, Article 1370. <https://doi.org/10.1186/s12913-023-10324-x>

4. **Hampton, B. N.**, Johnson, E. M., Buckheit, K., Knowlton, P., & Possemato, K. (2022). Primary care veteran preferences for receiving information about mental health services: Cross-sectional survey. *Journal of Veterans Studies*.8(3), 70-78. <https://doi.org/10.21061/jvs.v8i3.340>
3. Johnson, E. M., Poleshuck, E., Possemato, K., **Hampton, B. N.**, Funderburk, J. S., Grewal, H., Cerulli, C., & Wittink, M. (2022). Practical and emotional peer support tailored for life's challenges: Personalized Support for Progress (PSP) Randomized Clinical Pilot Trial in a VHA Women's Clinic. *Military Medicine*. Advance online publication. <https://doi.org/10.1093/milmed/usac164>
2. Johnson, E. M., Possemato, K., Martens, B. K., **Hampton, B. N.**, Wade, M., Chinman, M., & Maisto, S.A. (2021). Goal attainment among veterans with PTSD enrolled in peer-delivered whole health coaching: a multiple baseline design trial. *Coaching: An International Journal of Theory, Research and Practice*. 15(2), 197-213. <https://doi.org/10.1080/17521882.2021.1941160>
1. Johnson, E. M., **Hampton, B. N.**, Barrie, K., & Possemato, K. (2021). Expanding access to psychosocial research studies during the COVID-19 pandemic through virtual modalities. *Families, Systems, & Health*. 39(3), 488-492. <https://doi.org/10.1037/fsh0000599>

MANUSCRIPTS UNDER REVIEW

3. Weber, M. C., **Hampton, B. N.**, & Schulenberg, S. E. *Why is searching for meaning after trauma sometimes helpful and sometimes not? Adaptive coping as a moderator*. Department of Psychology, University of Mississippi.
2. Weber, M. C., Hanson, S., **Hampton, B. N.**, Ray, T. N., Kitchens, R., Griffin, B. J., Tobey-Moore, L., Tong, L., Fischer, E. P., Hamby, S., Cucciare, M. A., Hundt, N., & Pyne, J. M. (2024). A scoping review of protective factors that contribute to posttraumatic wellbeing for trauma-exposed military service members and veterans. Accepted pending minor revisions, *Trauma, Violence, and Abuse*. Special issue: The Role of Resilience Portfolios in Overcoming Trauma.
1. Pavlacic, J. M., **Hampton, B. N.**, Young, J., & Schulenberg S. E. (2024). *Within- and between-person contributions of daily present-moment awareness and psychological acceptance*. Department of Psychology, University of Mississippi. Manuscript submitted for publication.

MANUSCRIPTS IN PREPARATION

3. **Hampton, B.N.**, Schulenberg, S.E., Lee, A. *Substance Use Amongst Veterans Following Post-Deployment Reintegration: An Examination Through the Lens of Acculturation*. Department of Psychology, University of Mississippi.
2. Weber, M.C., Grubbs, K., Simpson, H., Dykhuis, K., Kennedy, K, France, L.M., Yousef, S., **Hampton, B.N.**, Tong, L., Griffin, B., Pyne, J., Hundt, N., Cucciare, M., Fischer, E.P. A Scoping Review of Predictors of Veteran and Military Service Members' Engagement in Trauma-Focused Evidence Based Psychotherapy. *Clinical Psychology: Science and*

Practice. Special issue: The efficacy of cognitive-behavioral treatment engagement. Abstract accepted and manuscript invited.

1. McCutcheon, V. E., **Hampton, B. N.**, Moore, B., & Schulenberg, S.E. *Meaning in life and psychological distress: A study of veterans and psychological adaptation to civilian life*. Department of Psychology, University of Mississippi.

ORAL PRESENTATIONS

3. Weber, M.C., **Hampton, B. N.**, Ray, T., & Hanson, S. (April, 2024). *A scoping review of protective factors that contribute to posttraumatic wellbeing for trauma-exposed military service members and veterans*. Oral presentation at the annual meeting of ResilienceCon, Nashville, TN.
2. **Hampton, B. N.**, & Hadda, E. (October, 2020). *From Poughkeepsie to Gaza: Displacement, Civic Engagement, and Cultural History*. Interactive roundtable panel participant at the annual meeting of the New York State Communication Association, New Paltz, NY.
1. **Hampton, B. N.**, & Trent, J. (May, 2019). "Ooh what did you get?" *The effects of mood and self-esteem on social comparison processes*. Paper presented at the Hudson Valley Undergraduate Psychology Conference, Orangeburg, NY.

POSTER PRESENTATIONS

*denotes mentored undergraduate student author

13. **Hampton, B. N.**, Griffin, Brandon., Hanson, S., Ray, T., Tong, L., Kitchens, R., Weber, M.C., (November, 2024). *A scoping review of protective factors that contribute to posttraumatic wellbeing for trauma-exposed military service members and veterans*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
12. *Johnson, C., *Moore, B., **Hampton, B. N.**, McCutcheon, V. E., Kim, Y., Lucas, K. A., & Schulenberg, S. E. (April, 2024). *It's all relative: Examining the impact of social connectedness, gratitude, and mindfulness on satisfaction with life among college students using relative weight analysis*. Poster presented at the 9th annual University of Mississippi Psychological Research Day, University, MS.
11. Schruoff, M.A., **Hampton, B. N.**, & Young, J. (November, 2023). *Exploring sociodemographics, health numeracy, and sleep among patients seeking bariatric weight-loss surgery*. Poster presented at the Behavioral Medicine & Integrated Primary Care SIG Poster Exposition at the annual meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
10. **Hampton, B. N.**, Weber, M. C., & Schulenberg, S. E. (November, 2023). *Formal and informal help-seeking as predictors of current posttraumatic stress symptoms: Contrasting findings amongst sub-groups of trauma survivors*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.
9. Pavlacic, J. M., **Hampton, B. N.**, Young, J., Vazquez, A., Navarro Flores, C., Witcraft, S. M., & Rheingold, A. A. (November, 2023). *A systematic review of mindfulness-based ecological*

momentary interventions: Examining current methods and identifying directions for future research. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.

8. **Hampton, B. N.**, Weber, M. C., Pavlacic, J. M., & Schulenberg, S. E. (April, 2023). *Caregiver substance misuse as a risk factor against posttraumatic growth in adulthood.* Poster presented at the annual meeting of ResilienceCon, Nashville, TN.
7. Lucas, K. A, **Hampton, B. N.**, Fortner, S.R.M., Pavlacic, J. M., & Schulenberg, S. E. (April, 2022). *Role of experiential avoidance in the relationship between resilience and post-traumatic stress.* ** Poster presented at the annual meeting of ResilienceCon (virtual).
****This poster received an Honorable Mention award for being among the top two posters in its category.**
6. Johnson, E. M., Possemato, K., Chinman, M., True, J. G., Hedges, J., **Hampton, B. N.**, Edelman, J.E., Maisto, S.A. (December, 2021). *Designing Whole Health STEPS for dissemination: Using stakeholder feedback to develop a peer-delivered integrated primary care wellness intervention.* Poster presented at AcademyHealth's annual Conference on the Science of Dissemination and Implementation in Health (virtual).
5. **Hampton, B. N.**, Johnson, E. M., Knowlton, P., Possemato, K. (November, 2021). *Exploring veterans' preferences for receiving mental health information.* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies (virtual).
4. **Hampton, B. N.**, Bills, N., Cannon, M., Farrell, E., Heck, M., & McElheny, E. (March, 2019). *The role of religiosity in college hookup behavior and attitudes.* Poster presented at the annual meeting of the Eastern Psychological Association, New York City, NY.
3. Farrell, E., & **Hampton, B. N.** (March, 2019). *The relationship between identity clarity and social media habits in young adults.* Poster presented at the annual meeting of the Eastern Psychological Association, New York City, NY.
2. **Hampton, B. N.**, & Dykas, M. (November, 2018). *Combat exposure and PTSD: The contrasting moderational effects of emotional versus sexual abuse.* Poster presented at the annual meeting of the New England Psychological Association, Worcester, MA.
1. Miller, L., **Hampton, B. N.**, Delaney, A., & McGuire, R. (March, 2018). *The effect of suppression strategies on physiology and intrusive thoughts.* Poster presented at the annual meeting of the Eastern Psychological Association, Philadelphia, PA.

GRANT ACTIVITY

2022- 2023 **Community Partnership Development Grant**
University of Mississippi, MS - \$1,000 (Funded)

SERVICE

- 2024-present **Student Representative to the Clinical Psychology Faculty**
Department of Psychology, University of Mississippi, MS
- Summer 2024 **Peer Clinical Supervisor**
Psychological Services Center, University of Mississippi, MS
- 2023-2024 **LAMBDA (LBTQIA+ Student Support Group) Leader**
Department of Psychology, University of Mississippi, MS
- 2023-present **Student Abstract Reviewer**
International Society of Traumatic Stress Studies (ISTSS)
- 2022-2023 **Communications Committee Member**
Department of Psychology, University of Mississippi, MS
- 2022-present **Student Co-Chair**
Trauma, Health, and Primary Care SIG of the International Society of Traumatic Stress Studies

MENTORED AD-HOC REVIEWING (Mentor: Stefan Schulenberg, Ph.D.)

Journal of Clinical Psychology
Journal of Constructivist Psychology
Journal of Positive Psychology
Psychological Trauma: Theory, Research and Practice

SKILLS & CERTIFICATIONS

Language: Intermediate High Spanish (B2)

Assessment Experience: Weschler Tests (WAIS-IV, WIAT-IV), CPT-3, DIVA (adult ADHD), PAI, DIAMOND, Vineland Adaptive Behavior Scale (VABS-3), SCID-5, MINI-5

Data Collection Software: Microsoft Access, SurveyMonkey, Qualtrics, REDCap

Data Analysis Software: NVivo12, Microsoft Excel, SPSS, JASP

Other research skills: Collecting and processing physiological data for heart rate (HR) and galvanic skin response (GSR), transcribing qualitative interviews, qualitative analysis using Rapid Template Analysis (Hamilton), using IRBNet

Certifications: CITI certified to conduct research on human participants (2019)
 NYS Department of Health Certified Rape Crisis Counselor (2018)
 Palouse Mindfulness Online MBSR Course Completion (2020)
 General Election Inspector (2020)

ATTENDED WORKSHOPS AND CLINICAL TRAININGS

- 5/2024 **Motivational Interviewing for Addiction**
American Psychological Association Continuing Education (CE)
Instructors: William Miller, Ph.D., & Theresa Moyers, Ph.D.
- 2/2024 **Empirically Informed Suicide Risk Assessment and Management Workshop**
Psychological Services Center, University of Mississippi, MS.
Instructor: Laura E. Drislane, Ph.D.
- 4/2023 **Autism Diagnostic Observation Schedule- Second Edition (ADOS-2) Workshop**
Psychological Assessment Clinic, University of Mississippi, MS.
Instructor: Josh Fulwiler, Ph.D.
- 3/2023 **Wide Range Assessment of Memory- Third Edition (WRAML-3) Workshop**
Psychological Assessment Clinic, University of Mississippi, MS.
Instructor: Halle T. McCracken, M.A.
- 10/2022 **Delis-Kaplan Executive Functioning Systems (D-KEFS) Workshop**
Psychological Assessment Clinic, University of Mississippi, MS.
Instructor: Halle T. McCracken, M.A.
- 10/2021 **Telepsychology Best Practice 101**
American Psychological Association
Instructor: Marlene Maheu, Ph.D.

AWARDS

- 2023 Celebration of Service Award, University of Mississippi
- 2022 Honorable Mention Poster Award, ResilienceCon, Nashville, TN
- 2019 1st Place Oral Presentation, Hudson Valley Undergraduate Psychology Conference, NY
- 2019 Merit Award, Marist College
- 2019 Baccalaureate Award, Dept. of Psychology, Marist College
- 2019 Hermitage Service Award, Marist College
- 2018 Inducted to Psi Chi, The International Honor Society in Psychology
- 2018 National Science Foundation REU Fellowship
- 2017 Inducted to Sigma Delta Pi, National Spanish Honor Society
- 2016 Inducted to the National Society of Leadership & Success
- 2016-2018 Marist College Student Research Grant
- 2015-2019 Marist College Honors Program
- 2015-2019 Dean's List, School of Social & Behavioral Sciences, Marist College
- 2015-2019 Marist College Presidential Scholarship

MEMBERSHIPS & AFFILIATIONS

- 2022-Present Mississippi Psychological Association, *Member*
- 2021-Present International Society for Traumatic Stress Studies, *Student Member*
- 2015-Present American Psychological Association, *Student Affiliate*