## Jeffrey M. Pavlacic

(last updated August 2021)
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#### **Education**

#### 2017-present **Doctor of Philosophy, Clinical Psychology (APA Accredited)**

University of Mississippi; Oxford, Mississippi

Expected: May 2023

<u>Dissertation:</u> Assessing the effectiveness and utility of a mindfulness-based ecological momentary intervention in college students (Proposed February 2021)

Chair: Stefan Schulenberg, Ph.D.

#### 2017-2019 Master of Arts, Clinical Psychology (APA Accredited)

University of Mississippi; Oxford, Mississippi

Thesis: Meaning, purpose, and experiential avoidance as predictors of valued behavior: An application of ecological momentary assessment

Chair: Stefan Schulenberg, Ph.D.

### 2013-2017 Bachelor of Science, Psychology, Summa Cum Laude

Missouri State University; Springfield, Missouri

Honors Thesis: *The effects of expressive writing on risky health behaviors*,

avoidance, and valued living Chair: Ann Rost, Ph.D.

#### **Peer-Reviewed Publications**

- 14. **Pavlacic, J. M.,** Kellum, K. K., & Schulenberg, S. E. (2021). Advocating for the use of restorative justice practices: Examining the overlap between restorative justice and behavior analysis. *Behavior Analysis in Practice*. https://doi.org/10.1007/s40617-021-00632-1
- 13. Tkachuck, M. A., **Pavlacic, J. M.,** Raley, M. J., McCaslin, S. E., & Schulenberg, S. E. (2021). Validating military culture: The factor analysis of a military-related adaptation of acculturation in veterans. *Psychological Services*. Advance online publication. https://doi.org/10.1037/ser0000558
- 12. Wang, K., Goldenberg, A., Dorison, C., Miller, J., Gross, J., Aberson, C., Aczel, B., Adamkovic, M., Adetula, A., Adiguzel, A., Afhami, R., Ahmed, A., Agadullina, E., Rim Ahn, E., Ait El Arabi, K., Akkas, H., Albayrak-Aydemir, N., Allred, T., Alvarez Solas, S.,...**Pavlacic, J. M.**...Zuro, B. A. (2021). A multi-country test of brief reappraisal interventions on emotions during the COVID-19 pandemic. *Nature Human Behaviour*. Advance online publication. https://doi.org/10.1038/s41562-021-01173-x
- 11. Buchanan, E. M., Valentine, K. D., & **Pavlacic, J. M.** (2021). Hypothesize once, plan twice. *Academia Letters*, 1274. https://doi.org/10.20935/AL1274
- 10. Pavlacic, J. M., Schulenberg, S. E., & Buchanan, E. M. (2021). Experiential avoidance and

- meaning in life as predictors of valued living: A daily diary study. *Journal of Prevention and Health Promotion*, 2(1), 135-139. https://doi.org/10.1177/2632077021998261
- 9. **Pavlacic, J. M.,** Schulenberg, S. E., Pan, C., Payne, T. J., Williams, D. C., & Mann, J. R. (2021). Psychological correlates of smoker's identity in adults reporting mental health diagnoses. *Journal of Substance Use*. Advance online publication. https://doi.org/10.1080/14659891.2020.1862324
- 8. **Pavlacic, J. M.,** & Young, J. N. (2020). Process-based cognitive behavioral therapy: A framework for conceptualization and treatment. *Clinical Case Studies*, *19*(6), 456-472. https://doi.org/10.1177/1534650120951858
- 7. **Pavlacic, J. M.,** Dixon, L. J., Schulenberg, S. E., & Buchanan, E. M. (2020). Examining daily-level associations between nightly alcohol use and next-day valued living in college students. *Journal of American College Health*. Advance online publication. https://doi.org/10.1080/07448481.2020.1785473
- 6. Boullion, G. Q., **Pavlacic, J. M.,** Schulenberg, S. E., Steger, M. F., & Buchanan, E. M. (2020). Meaning, social support, and resilience predict posttraumatic growth among survivors of the August 2016 Louisiana flooding. *American Journal of Orthopsychiatry*, 90(5), 578-585. https://doi.org/10.1037/ort0000464
- 5. Finkelstein-Fox, L., **Pavlacic, J. M.,** Schulenberg, S. E., Buchanan, E. M., & Park, C. L. (2020). Valued living in daily experiences: Relations with meaning, mindfulness, psychological flexibility, and stressors. *Cognitive Therapy and Research*, *44*, 300-310. https://doi.org/10.1007/s10608-019-10062-7
- 4. Weber, M. C., **Pavlacic**, **J. M.**, Gawlik, E. A., Schulenberg, S. E., & Buchanan, E. M. (2019). Modeling resilience, meaning in life, posttraumatic growth, and disaster preparedness with two samples of tornado survivors. *Traumatology*, 26(3), 266-277. https://doi.org/10.1037/trm0000210
- 3. **Pavlacic, J. M.,** Buchanan, E. M., Maxwell, N. P., Hopke, T., & Schulenberg, S. E. (2019). A meta-analysis of expressive writing on posttraumatic stress, posttraumatic growth, and quality of life. *Review of General Psychology*, 23(2), 230-250. https://doi.org/10.1177/1089268019831645
- 2. Buchanan, E. M., Foreman, R. E., Johnson, B., **Pavlacic, J. M.,** Swadley, R., & Schulenberg, S. E. (2018). Does the delivery matter? Examining randomization at the item level. *Behaviormetrika*, 45(2), 295-316. https://doi.org/10.1007/s41237-018-0055-y
- 1. **Pavlacic, J. M.,** Harvey, S., Culp, M., Cathey, C. L., & Buchanan, E. M. (2018). A historical perspective of undergraduate learning assistants at Missouri State University. *Modern Psychological Studies*, 23(2), 1-18.

# **Manuscripts Submitted for Publication**

- 3. Legate, N., Nguyen, T., Weinstein, N., Moller, A., Legault, L., Maniaci, M. R., Ebersole, C. R., Adamkovic, M., Adetula, G. A., Agesin, B. B., Ahlgren, L., Akkas, H., Almeida, I., Anjum, G., Antoniadi, M., Arinze, A. I., Arvanitis, A., Rana, K., Badalyan, V.,... Pavlacic, J. M.... Primbs, M. (2021). A global experiment on motivating social distancing during the COVID-19 pandemic [Manuscript submitted for publication and invited for resubmission with revisions]. Department of Psychology, Illinois Institute of Technology.
- 2. Bago, B., Kovacs, M., Protzko, J., Nagy, T., Kekecs, Z., Palfi, B., Adamkovic, M., Adamus,

- S., Adoric, V., Albalooshi, S., Albayrak-Aydemir, N., Alper, S., Alvarez Solas, S., Amaya, S., Andersen, P., Anjum, G., Ansari, D., Arriaga, P., Benzon, J. J.,...**Pavlacic, J.** M....Aczel, B. (2021). *Moral thinking across the world: Exploring the influence of personal force and intention in moral dilemma judgements* [Manuscript submitted for publication and invited for resubmission with revisions]. Toulouse School of Economics.
- 1. **Pavlacic, J. M.,** Buchanan, E. M., McCaslin, S. E., Schulenberg, S. E., & Young, J. N. (2021). A systematic review of posttraumatic stress and resilience trajectories: Identifying predictors for future treatment of veterans and service members [Manuscript submitted for publication and invited for resubmission with revisions]. Department of Psychology, University of Mississippi.

## **Manuscripts In Preparation**

- 2. **Pavlacic, J. M.,** Weber, M. C., Torres, V. A., Buchanan, E. M., & Schulenberg, S. E. *Trajectories and predictors of psychological functioning in international students during the COVID-19 pandemic*. Department of Psychology, University of Mississippi.
- 1. Buchanan, E. M., Lewis, S., Paris, B., Forscher, P., **Pavlacic, J. M.,** & Bashears, J. *PSACR: The psychological science accelerator's COVID-19 rapid-response dataset.* Harrisburg University of Science and Technology.

## **Book Chapters**

- 2. Liberto, A. K., **Pavlacic, J. M.,** & Schulenberg, S. E. (2018). The Great Atlanta Fire (1917). In D. H. McElreath, D. A. Doss, R. Nations, J. M. Van Slyke, C. J. Jensen, B. R. Russo, R. C. Tesiero, S. E. Schulenberg, L. S. McElreath, A. Wellman, & A. M. Lindsley (Eds.), *Disasters that shaped emergency management: Case studies for the homeland security/emergency management professional* (pp. 135-140). Kendall Hunt.
- 1. **Pavlacic, J. M.,** Gawlik, E. A., & Schulenberg, S. E. (2018). The 1995 Chicago Heat Wave. In D. H. McElreath, D. A. Doss, R. Nations, J. M. Van Slyke, C. J. Jensen, B. R. Russo, R. C. Tesiero, S. E. Schulenberg, L. S. McElreath, A. Wellman, & A. M. Lindsley (Eds.), *Disasters that shaped emergency management: Case studies for the homeland security/emergency management professional* (pp. 53-59). Kendall Hunt.

## **Grant/Research Funding Experience**

2021-present American Psychological Association Dissertation Research Award

American Psychological Association

Role: Principal Investigator

*Title:* Assessing the effectiveness and utility of a mindfulness-based

ecological momentary intervention in college students

Costs: \$1000 (submitted)

2020-2021 Natural Hazards Center/National Science Foundation Quick

**Response Grant** 

National Science Foundation Award #1635593

University of Colorado Boulder/National Science Foundation

Role: Co-Principal Investigator

Title: Trajectories of international students' psychological functioning and

pandemic preparedness during COVID-19

Costs: \$3240 (project completed)

#### 2018 **Disaster Resilience Flagship Constellation**

University of Mississippi *Role:* Co-Investigator

Supervisor: Stefan Schulenberg, Ph.D.

Title: Building self-efficacy and collective efficacy, and accurate threat

perception to increase individual disaster preparedness actions

*Costs:* \$10,000 (not funded)

## **Symposia and Oral Presentations**

- 8. Weber, M. C., **Pavlacic, J. M.,** Torres, V. A., Schulenberg, S. E., & Buchanan, E. M. (2021, July 15-17). *Collective efficacy and accurate threat perception facilitate pandemic preparedness and prevention efforts among international students during COVID-19* [Paper presentation]. The International Positive Psychology Association 7<sup>th</sup> World Congress on Positive Psychology.
- 7. **Pavlacic, J. M.,** Schulenberg, S. E., & Buchanan, E. M. (2020, November 17-22). Meaning, purpose, and experiential avoidance as predictors of valued behavior: A daily diary study. In S. C. Hayes & T. B. Kashdan (Discussant & Chair), *New research directions at the interface of values and psychopathology* [Symposium]. Association for Behavioral and Cognitive Therapies 54<sup>th</sup> Annual Convention, Philadelphia, PA, United States.
- 6. **Pavlacic, J. M.,** Weber, M. C., Torres, V. A., Schulenberg, S. E., & Buchanan, E. M. (2020, July 12-15). *Trajectories of psychological functioning and pandemic preparedness for students quarantined during the COVID-19 pandemic* [Paper presentation]. Hazards Workshop and Research Meeting of the Natural Hazards Center 45<sup>th</sup> Annual Meeting.
- 5. Pavlacic, J. M., Kellum, K. K., & Schulenberg, S. E. (2019, May 23-27). Restorative justice within the context of professional organizations; Is RJ the way? In E. K. Sandoz (Discussant), Behavior analysis and restorative justice: Birds of a feather? [Symposium]. Association for Behavior Analysis International 45th Annual Convention, Chicago, IL, United States.
- 4. Finkelstein-Fox, L., Pavlacic, J. M., Schulenberg, S. E., Buchanan, E. M., & Park, C. L. (2019, May 23-26). Daily stressors and values adherence: Protective effects of coping and emotion regulation resources. In C. L. Park (Chair), *Integrating perspectives on stress processes: The overlapping and unique roles of coping and emotion regulation* [Symposium]. Association for Psychological Science 31<sup>st</sup> Annual Convention, Washington, DC, United States.
- 3. Weber, M. C., Gawlik, E. A., March, K. E., **Pavlacic, J. M.,** Schulenberg, S. E., & Buchanan, E. M. (2018, April 29). *Gender differences in resilience, meaning, and purpose using factor-analytic techniques and scale scores* [Paper presentation]. ResilienceCon Annual Convention, Nashville, TN, United States.
- 2. **Pavlacic, J. M.,** Schulenberg, S. E., Buchanan, E. M., & Boullion, G. Q. (2018, April 13). *Predicting mindfulness behaviors from values progression using ecological momentary*

- assessment [Paper presentation]. University of Mississippi Psychology Research Day 5<sup>th</sup> Annual Convention, Oxford, MS, United States.
- 1. **Pavlacic J. M.,** Culp, M., & Harvey, S. (2015, November 8). *Using undergraduate learning assistants to personalize the large class size* [Paper presentation]. Missouri Undergraduate Psychology Conference Annual Meeting, St. Louis, MO, United States.

### **Poster Presentations**

- \*denotes mentored undergraduate student presenter
- 18. **Pavlacic, J. M.,** Weber, M. C., Torres, V. A., Buchanan, E. M., & Schulenberg, S. E. (2021, November 18-21). *Trajectories of psychological functioning in international students during the COVID-19 pandemic* [Poster presentation]. Association for Behavioral and Cognitive Therapies 55<sup>th</sup> Annual Convention, New Orleans, LA, United States.
- 17. Tinsley, D., **Pavlacic, J. M.,** Pruett, M., & Young, J. N. (2021, November 18-21). *Integrating telehealth services for opioid replacement patients at a local pain clinic* [Poster presentation]. Association for Behavioral and Cognitive Therapies 55<sup>th</sup> Annual Convention, New Orleans, LA, United States.
- 16. **Pavlacic, J. M.,** Weber, M. C., Torres, V. A., Schulenberg, S. E., & Buchanan, E. M. (2021, July 15-17). *It's never too late to start being resilient: A time-series study of social support and meaning in life among international students in the U.S. during the COVID-19 pandemic* [Poster presentation]. The International Positive Psychology Association 7<sup>th</sup> World Congress on Positive Psychology.
- 15. **Pavlacic, J. M.,** Buchanan, E. M., McCaslin, S. E., & Schulenberg, S. E. (2020, November 17-22). A systematic review of posttraumatic stress and resilience trajectories and covariates in veterans and service members [Poster presentation]. Association for Behavioral and Cognitive Therapies 54<sup>th</sup> Annual Convention, Philadelphia, PA, United States.
- 14. **Pavlacic, J. M.,** Dixon, L. J., & Schulenberg, S. E. (2019, November 21-24). *Examining the temporal associations between nightly alcohol use and following-day valued living: A daily diary study* [Poster presentation]. Association for Behavioral and Cognitive Therapies 53<sup>rd</sup> Annual Convention, Atlanta, GA, United States.
- 13. **Pavlacic, J. M.,** Buchanan, E. M., & Schulenberg, S. E. (2018, May 24-28). *A meta-analysis of expressive writing on posttraumatic stress* [Poster presentation]. Association for Behavior Analysis International 44<sup>th</sup> Annual Convention, San Diego, CA, United States.
- 12. \*Gawlik, E. A., **Pavlacic, J. M.,** & Schulenberg, S. E. (2018, April 13). *Responding to Hurricane Harvey: A preliminary investigation into correlates of posttraumatic stress disorder symptoms* [Poster presentation]. University of Mississippi Psychology Research Day 5<sup>th</sup> Annual Convention, Oxford, MS, United States.
- 11. Weber, M. C., **Pavlacic, J. M.,** Schulenberg, S. E., & Buchanan, E. M. (2017, July 13-16). *Meaning, self-efficacy, and posttraumatic growth in university students: A study of tornado impact and survivor resilience* [Poster presentation]. The International Positive Psychology Association 5<sup>th</sup> World Congress on Positive Psychology, Montreal, Québec, Canada.
- 10. Weber, M. C., **Pavlacic, J. M.,** Schulenberg, S. E., & Buchanan, E. M. (2017, July 13-16). *Meaning, self-efficacy, and posttraumatic growth in university faculty and staff: A study of tornado impact and survivor resilience* [Poster presentation]. The International

- Positive Psychology Association 5<sup>th</sup> World Congress on Positive Psychology, Montreal, Québec, Canada.
- 9. Pavlacic, J. M., Buchanan, E. M., & Rost, A. (2017, March 30-April 2). A meta-analysis of expressive writing on quality of life and posttraumatic growth [Poster presentation]. Southwestern Psychological Association 12th Annual Convention, San Antonio, TX, United States.
- 8. Harvey, S., Pavlacic, J. M., & Sparks, J. (2017, March 30-April 2). Impact of relationship priming on self-esteem and self-concept [Poster presentation]. Southwestern Psychological Association 12<sup>th</sup> Annual Convention, San Antonio, TX, United States. Great Plains Students' Psychology Convention 37th Annual Convention, Hays, KS, United States.
- 7. Pavlacic, J. M., Fallone, M. D., & Rost, A. (2016, June 4). Effects of expressive writing on psychological distress in a substance abuse population [Poster presentation]. Missouri Psychological Association Annual Meeting, Columbia, MO, United States.
- 6. Chen, S. J., Battles, J., Pavlacic, J. M., Stephens-Cantu, H. A., & Hudson, D. L. (2016, June 4). The relationship between body dissatisfaction and intent to engage in dieting behaviors [Poster presentation]. Missouri Psychological Association Annual Meeting, Columbia, MO, United States.
- 5. **Pavlacic, J. M.,** Battles, J. A., Rost, A., & Fallone, M. D. (2016, April 8-10). *Effects of* expressive writing on risky health behaviors, experiential avoidance, and valued living [Poster presentation]. Southwestern Psychological Association 11<sup>th</sup> Annual Convention, Dallas, TX, United States.
- 4. Chen, S. C., Stephens-Cantu, H. A., Pavlacic, J. M., Hudson, D. L., & Whisenhunt, B. L. (2016, April 8-10). *Investigation into the relationship among mood, body dissatisfaction*, and weight concern [Poster presentation]. Southwestern Psychological Association 11<sup>th</sup> Annual Convention, Dallas, TX, United States.
- 3. Bennett, B. L., Smith, J. M., Barnes, J. A., Pavlacic, J. M., Whisenhunt, B. L., & Hudson, D. L. (2015, November 12-15). Thin-ideal internalization as a mediator on the relationship between body-checking and body dissatisfaction [Poster presentation]. Association for Behavioral and Cognitive Therapies 49th Annual Convention, Chicago, IL, United States.
- 2. Barnes, J. A., Chen, S., Logan, K., Pavlacic, J. M., Hudson, D. L., & Whisenhunt, B. L. (2015, April 10-12). Body shame predicting body image avoidance when controlling for body dissatisfaction [Poster presentation]. Southwestern Psychological Association 10<sup>th</sup> Annual Convention, Wichita, KS, United States.
- 1. Bennett, B. L., Chen, S., Logan, K., Pavlacic, J. M., Goldstein, C. M., Whisenhunt, B., & Hudson, D. L. (2015, April 10-12). Examination of risky health behaviors as predictors of acceptance of cosmetic surgery [Poster presentation]. Southwestern Psychological Association 10<sup>th</sup> Annual Convention, Wichita, KS, United States.

### **Research Positions**

**Graduate Research Assistant** 2017-present

Clinical-Disaster Research Center, University of Mississippi

Research Supervisor: Stefan Schulenberg, Ph.D.

2016-present **Graduate Research Assistant**  Deciphering Outrageous Observations/Modeling Lab, Missouri State

University

Research Supervisor: Erin Buchanan, Ph.D.

2015-2017 **Undergraduate Research Assistant** 

ACT and Health Psychology Lab, Missouri State University

Research Supervisor: Ann Rost, Ph.D.

2014-2017 **Undergraduate Research Assistant** 

> Eating Disorder and Body Image Lab, Missouri State University Research Supervisors: Danae Hudson, Ph.D., & Brooke Whisenhunt,

Ph.D.

**Undergraduate Research Assistant** 2015-2016

Department of Psychology, Missouri State University

Research Supervisor: Christie Cathey, Ph.D.

#### **Clinical Positions**

2021-present **Psychological Assessment Coordinator** 

Psychological Services Center, University of Mississippi

Clinical Supervisor: Kristin Austin, Ph.D.

Overview: Train graduate students in assessment procedures and provide assessment didactics as needed. Serve as the initial contact for potential and scheduled assessments. Schedule, recruit, and promote clinic assessment services for comprehensive evaluations. Oversee administration, scoring, report writing, revisions, and feedback appointments. Peer-review all student-administered assessment technical protocols. Provide peer supervision as needed for graduate assessors. Coordinate with local community-based mental health service providers.

Conduct full-battery assessments for student athletes.

2020-present **Clinical Research Assistant** 

Delta Autumn Clinical Consulting, LLC, Oxford, Mississippi

Clinical Supervisor: John Young, Ph.D.

Overview: Conduct bariatric pre-surgical evaluations. Interpret and write attention-deficit hyperactivity disorder (ADHD) and chronic pain assessment reports for spinal cord stimulators. Consolidate literature on clinical psychology topics (e.g., best-practice clinical supervision, process based cognitive behavioral therapy, binge eating disorder) for continuing education modules through the Delta Autumn Training Academy. Film role play therapy videos pertaining to cognitive-behavioral treatments for

continuing education modules.

**Opioid Replacement Therapist** 2020-present

Willow Pain and Wellness Clinic, Oxford, Mississippi

Clinical Supervisor: John Young, Ph.D.

Overview: Provide individual psychotherapy (i.e., cognitive behavioral therapy [CBT], acceptance and commitment therapy [ACT], dialectical behavior therapy [DBT] skills) for adult patients undergoing opioid replacement therapy and who have co-occurring emotional problems, substance use, and chronic pain at an outpatient pain clinic. Track patient progress with evidence-based self-report measures assessing pain, substance use, sleep, and emotional problems.

#### 2018-present

#### **Graduate Therapist**

Psychological Services Center, University of Mississippi Clinical Supervisors: Stefan Schulenberg, Ph.D., Scott Gustafson, Ph.D., ABPP, John Young, Ph.D., Danielle Maack, Ph.D., & Kristin Austin, Ph.D.

Overview: Provide individual psychotherapy (i.e., CBT, ACT, DBT skills, positive psychological interventions) to adults with a wide range of emotional difficulties. Conduct semi-structured clinical and diagnostic interviews and conceptualize cases prior to commencing therapy. Prepare patient progress notes and reports. Track patient progress with evidence based self-report measures. Receive didactic training in various evidence-based interventions, such as CBT, ACT, DBT skills and methods, motivational interviewing, and positive psychological interventions. Supervise junior students using a tiered supervision model.

#### 2020-2021

#### **Graduate Therapist**

University Counseling Center, University of Mississippi Clinical Supervisor: Michael Hirschel, Ph.D.

Overview: Provided individual psychotherapy (CBT, ACT, DBT skills) to young adults with a wide range of emotional problems. Conducted initial intake assessments using semi-structured clinical interviews, conceptualized cases, and made diagnostic recommendations. Led mental health outreach activities.

#### 2019-2020

#### Clinical Assessment Practicum/Psychological Assessor

Psychological Assessment Clinic, University of Mississippi Clinical Supervisor: Scott Gustafson, Ph.D., ABPP

Overview: Conducted comprehensive psychological evaluations for child, adolescent, and adult community and university populations with diverse presenting problems (e.g., specific learning disorders, fitness-for-duty determinations, ADHD, emotional/behavioral difficulties). Participated in weekly supervision meetings focused on case conceptualization, report writing, and clinical assessment didactics. Provided assessment feedback to patients.

#### 2019-2020

#### **Clinical Therapist/Assessment Intern**

Stonewater Adolescent Recovery Center, Oxford, Mississippi

Clinical Supervisors: Scott Gustafson, Ph.D., ABPP, & Molly Barbieri, LMSW

Overview: Conducted full-battery, ADHD, and emotional/behavioral evaluations for adolescent males with substance use and co-occurring emotional problems at a residential facility. Provided diagnostic and evidence-based treatment recommendations to a clinical team comprised of direct care staff and a psychiatrist, clinical psychologist, social worker, and licensed therapist. Provided assessment feedback to patients and family members as needed. Led weekly DBT skills group. Designed behavioral modification plans and provided individual CBT for patients at the request of the medical director.

### 2018-2019 Graduate Therapist

The Baddour Center, Senatobia, Mississippi

Clinical Supervisors: Josh Fulwiler, Ph.D., & Deborah McNamee, BCBA Overview: Provided individual psychotherapy (i.e., CBT, ACT, DBT skills) adapted for adults with intellectual disabilities and various forms of cognitive impairment (e.g., traumatic brain injury) in a residential setting. Led social skills groups. Conducted dementia screener and tardive dyskinesia assessments. Designed and implemented behavior plans for patients.

#### 2016 **Psychology Intern**

Cox Hospital Center for Addictions, Springfield, Missouri Clinical Supervisor: Tressa Moyle, LCSW

Overview: Taught group psychoeducation sessions from an ACT model focused on values assessment and emotional barriers to valued living in a partial hospitalization and intensive outpatient program. Worked on a multidisciplinary team including substance use counselors, social workers, community support workers, case managers, nurses, psychologists, psychiatrists, and various support staff.

## **Teaching Positions**

Lab	Instruct	tor o	f Record
	Lab	Lab Instruct	Lab Instructor of

Research Methods in Psychology, University of Mississippi

2020 Teaching Assistant

Disasters and Mental Health, University of Mississippi Instructor: Stefan Schulenberg, Ph.D.

2017 Teaching Assistant

Advanced Psychological Statistics, Missouri State University

Instructor: Erin Buchanan, Ph.D.

2015-2016 Undergraduate Learning Assistant

Introductory Psychology, Missouri State University Instructors: Sarah McNew, Ph.D., & Ann Rost, Ph.D.

# **Mentoring Experience**

2020-present

Peer Mentor
Graduate Peer Mentorship Program, University of Mississippi

2017-2019

Undergraduate Thesis Mentor
Clinical-Disaster Research Center, University of Mississippi

Victoria Mulvey – Active shooters on campus: Student perceptions and institutional recommendations at University of Mississippi

Emily Gawlik – Examining the impact of meaning and resilience on survivors' life satisfaction after Hurricane Harvey

# **Relevant Workshops and Clinical Trainings**

2021	Deliberate Practice for CBT American Psychological Association Division 12 Instructors: James Boswell, Ph.D., & Tony Rousmaniere, Ph.D.
2020	<b>Telepsychology Best Practice Series</b> American Psychological Association <i>Instructor: Marlene Maheu, Ph.D.</i>
2019	Functional Analysis in Process-Based CBT Association for Behavioral and Cognitive Therapies <i>Instructors: Stefan Hofmann, Ph.D., &amp; Steven Hayes, Ph.D.</i>
2019	The Summer Institute: Preparing for a Career in the Armed Forces Center for Deployment Psychology, Uniformed Services University Instructors: Paula Domenici, Ph.D., & Libby Parins, Psy.D.
2019	Making Your Job Easier – Using Applied Behavior Analysis The Baddour Center Instructor: Molly Campbell Arana
2019	Trauma-Informed Care – Understanding How the Past Can Affect Future Behavior The Baddour Center Instructor: Stephen Bell, Ph.D.
2018	Woodcock Johnson-IV Workshop Psychological Assessment Clinic, University of Mississippi

Instructor: Shannon Sharp, Ph.D.

#### **Invited Ad-Hoc Reviews**

Journal of Happiness Studies (5)

Journal of Clinical Psychology (4)

Mindfulness (1)

Psychological Trauma: Theory, Research, Practice, and Policy (1)

Behavior Research Methods (1)

Military Psychology (1)

#### **Mentored Ad-Hoc Reviews**

Journal of Contemporary Psychotherapy

International Journal of Disaster Risk Reduction

PLOS One

Psychological Trauma: Theory, Research, Practice, and Policy

Psychological Reports

Professional Psychology: Research and Practice

Applied Research in Quality of Life American Journal of Orthopsychiatry Journal of Clinical Psychology Journal of Positive Psychology

# **Professional Student Memberships**

2021-present	International Positive Psychology Association
2021-present	American Psychological Association
2020-present	Society for Military Psychology
2019-present	Association for Behavioral and Cognitive Therapies
2020-2021	Association for Contextual Behavioral Science
2017-2019	Association for Behavior Analysis International
2015-2017	Southwestern Psychological Association

### **Awards and Honors**

2017-present	Graduate Student Travel Award
2017-present	Graduate Research Assistantship
2021	Clinical Graduate Student Research Achievement Award
2020	University of Mississippi Graduate Student Achievement Award
2017	Great Plains Conference Poster Award
2016	Departmental Distinction of Honors in Psychology
2015 & 2016	Maxwell Research Award
2015	Missouri Undergraduate Psychology Conference Presentation Award

### **Statistical Proficiencies**

Software: RStudio, JASP, SPSS

Specialized Analyses: Structural Equation Modeling, Multilevel Modeling, Latent Growth

Mixture Modeling

# Leadership/Service Experience

2020-present	Speaker Series Committee Member (University of Mississippi)
2016-2017	Associate Editor: Journal of Undergraduate Research (Missouri State
	University)
2016	Student Orientation/Registration Leader (Missouri State University)
2015-2016	University Ambassador (Missouri State University)
2015	Event Coordinator (Missouri State University)
2015	Campus Visit Coordinator (Missouri State University)