

## Curriculum Vitae

### **MATHEW A. TKACHUCK, M.A.**

Clinical-Disaster Research Center  
Department of Psychology  
University of Mississippi

[matkachu@go.olemiss.edu](mailto:matkachu@go.olemiss.edu)

### **EDUCATION**

- Present      **Doctoral Candidate, Clinical Psychology**  
University of Mississippi, Oxford, MS (APA-accredited)  
Dissertation: Validating Military Culture: A Confirmatory Factor Analysis of the  
Military-Civilian Adaptation of Acculturation  
Major Professor: Stefan E. Schulenberg, Ph.D.
- 2016      **Master of Arts, Clinical Psychology**  
University of Mississippi, Oxford, MS (APA-accredited)  
Thesis: Natural disaster preparedness in college students: Implications for institutions of higher  
learning  
Major Professor: Stefan E. Schuleberg, Ph.D.
- 2009      **Bachelor of Science, Psychology,**  
University of Washington, Seattle, WA
- 2007      **Work Immersion Study Program**  
Radolfzell, Germany – Stuttgart, Germany
- 2007      **Associates of Arts**  
North Seattle Community College, Seattle, WA

### **CLINICAL EXPERIENCE AND TRAINING**

#### **Therapist, Assessor, Skills Trainer, Consultant**

- 05/14 – Present      Psychological Services Center, University of Mississippi  
Training: Provide evidence based individual psychotherapy to adults with mood, anxiety,  
substance use, and personality disorders primarily based on cognitive-behavioral  
principles. Conduct intake assessments, develop treatment plans, provide therapy, and  
prepare client progress notes and reports. Received training in evidence based treatments  
such as Acceptance and Commitment Therapy, CBT for Social Anxiety and Depression,  
Behavioral Activation, Exposure and Response Prevention. Conduct full-battery  
assessments and complete integrated reports.  
Clinical Supervisors: Stefan Schulenberg, Ph.D., Scott Gustafson, Ph.D., Kelly Wilson,  
Ph.D., Todd Smitherman, Ph.D., & Alan Gross, Ph.D.
- 07/16 – 07/17      Communicare Residential Chemical Dependency Unit (Haven House), Oxford, MS  
Training: Duties include conducting individual and group therapy, intake assessments,  
substance abuse assessments, case management, and discharge plans. Developed,  
initiated and led weekly mindfulness groups adapted from Bowen, Chawla, & Marlatt's

(2011) Mindfulness-Based Relapse Prevention for Addictive Behaviors protocol for rolling admissions and large group sizes (approx. 25 - 30 participants).

*Clinical Supervisors:* Scott Gustafson, Ph.D. & Dixie Church, LICSW

- 07/15 – 08/16      The Baptist Children’s Village, Water Valley, MS  
*Training:* Provided individual therapy services for children ages 4-13 in foster care with a wide range of cognitive functioning, as well as mild to severe emotional and behavioral problems. Conducted parent training with house parents, worked with an interdisciplinary team to monitor and address needs of residents.  
*Clinical Supervisor:* C. Randy Cotton, Ph.D.
- 07/14 – 07/15      North Mississippi Regional Center, Oxford, MS  
*Training:* Provided individual and group therapy, functional behavior assessments, social skills training, comprehensive intellectual assessments for determination of ICF/IID and HCBS services, composed behavior plans, and updated and composed yearly treatment plans for individuals with intellectual and developmental disabilities. Conducted assessments for autism spectrum disorder using the Autism Diagnostic Observation Schedule, Second Edition.  
*Clinical Supervisor:* J. Scott Bethay, Ph.D.
- 03/14 – 04/14      Clinical-Disaster Research Center, University of Mississippi  
*Training:* Co-led a weekly Mindfulness-Based Strengths Practice group for adults seeking to reduce stress and anxiety.  
*Clinical Supervisor:* Stefan Schulenberg, Ph.D.
- 01/11 – 07/11      Emotion Regulation Treatment Study, Behavior Research and Therapy Clinics  
*Training:* Co-led an Activities Based Support Group for individuals who met criteria for either a mood or anxiety disorder and also experienced high emotion dysregulation. Completed orientation/assessment interviews with individual group members before first group session.  
*Clinical Supervisor:* Andrada Neacsiu, Ph.D.  
*Faculty Supervisor:* Marsha Linehan, Ph.D.
- 06/07 – 08/07      Psychological Counseling for Political Refugees (PBV), Stuttgart, Germany  
*Training:* Assisted psychologists with preparing, updating, and organizing client files. Helped clients in making appointments and answered questions in order to begin, continue, or conclude counseling that would potentially improve their mental health and help establish asylum in Germany. Reviewed and discussed client profile and potential treatment modalities with clinic psychologists.  
*Clinical Supervisor:* Dieter David

### **Clinical Training Workshops Attended**

- 06/16      Acceptance & Commitment Therapy: Focusing on Values Work, Self-Care, and Self-Compassion, by Dr. Kelly Wilson, Association for Contextual Behavioral Science Annual World Conference
- 03/15      Acceptance & Commitment Therapy in Groups, by Joann Wright, Dr. Jonathan Weinstien, and

Lauren Porosoff, Association for Contextual Behavioral Science Southeast Chapter Conference

## **RESEARCH EXPERIENCE**

### **Graduate Research Assistant**

09/13 – Present      Clinical Disaster Research Center, Department of Psychology, University of Mississippi, Oxford, MS

*Duties:* Conducting original research and managing project data pertaining to meaning/purpose in life, PTSD, suicidality, and disaster preparedness. Supervising undergraduates in presentations/honor's theses. Providing ad hoc reviews of literature including book chapters and journal articles in the fields of conduct disorder, assessment, disaster mental health, and positive psychology. Preparing data for quarterly reports on disaster preparedness to The University of Mississippi. Participated in community outreach activities in the service of disaster preparedness and recovery.

*Faculty Supervisor:* Stefan E. Schulenberg, Ph.D.

### **Project Coordinator**

04/12 – 07/13      Dialectical Behavior Therapy (DBT) Intensive Training Evaluation Research  
Behavioral Research and Therapy Clinics, Department of Psychology, University of Washington, Seattle, WA

*Duties:* Developed and organized study materials including preparing surveys, data collection and data management. Maintained compliance with Institutional Review Board (IRB) applications, modifications, and protocols. Coordinated and supervised undergraduate research assistants and other study staff, and served as a liaison between the study staff and the DBT trainers in matters of data collection, collaboration and organization. Managed online and paper surveys and maintained subject databases. Conducted statistical analysis to create status reports and evaluate training efficacy.

*Direct Supervisor:* Marsha Linehan, Ph.D.

### **Co-Investigator**

06/10 – 09/12      Skills Use and Emotion Regulation in Personality Disorders and Psychopathy  
Behavioral Research and Therapy Clinics, Department of Psychology, University of Washington, Seattle, WA

*Duties:* Designed, and obtained assessments for, a survey-based research study on skills use and emotion regulation in cluster B personality disorders and psychopathy. Designed participant recruitment materials. Wrote, revised and submitted the IRB application. Monitored study activities. Conducted data analyses looking at differences between groups and for predictors of the propensity to endorse cluster B personality disorder and psychopathic traits.

*Direct Supervisor:* Andrada Neacsiu, Ph.D.

### **Undergraduate Research Assistant**

07/11 – 07/13      Assistant to the Associate Director of the Behavioral Research and Therapy Clinics  
Behavioral Research and Therapy Clinics, Department of Psychology, University of Washington, Seattle, WA

*Duties:* Assisted in management of an NIMH-funded multi-site research study comparing DBT to individual and group supportive therapy in a high-risk adolescent population. Developed study management protocols. Coordinated assessment development between

four institutions. Recruited, interviewed and trained undergraduate students and volunteers, and oriented new staff. Developed and maintained databases for study-related task tracking and DBT training materials. Assisted in writing DBT experimental training proposals and corresponding University of Washington IRB applications for treatment facilities implementing DBT. Developed protocols for the process of DBT accreditation and certification. Edited and revised grant submissions for foundation funding.

*Direct Supervisor:* Kathryn Korlund, Ph.D.

*Faculty Supervisor:* Marsha Linehan, Ph.D.

06/09 – 04/11

DBT for Suicidal and Self-Injuring Women with Borderline Personality Disorder (BPD) and PTSD

Behavioral Research and Therapy Clinics, Department of Psychology, University of Washington, Seattle, WA

*Duties:* Responsible for all aspects of recruitment, phone screening, and scheduling potential participants for an NIMH-funded study to develop a protocol to treat PTSD among suicidal and self-injuring BPD women receiving DBT. Trained in suicide risk management to administer phone screens and clinical assessment interviews with potential study participants. Trained to reliability and administered the International Personality Disorder Examination (IPDE) to participants. Maintained databases for scheduled client assessments, and organized and managed client payments. Recruited, trained, oriented, and coordinated research assistants, work-study students, and volunteers. Developed and maintained training manuals, clinic databases, and protocol documents. Maintained and coordinated correspondence between treatment providers and clinical assessors. Developed and maintained relationships with potential referring agencies and practitioners in the community for the purposes of study recruitment.

*Direct Supervisor:* Melanie Harned, Ph.D.

03/08 – 09/09

A Component Analysis of DBT for Suicidal Women with Borderline Personality Disorder  
Behavioral Research and Therapy Clinics, Department of Psychology, University of Washington, Seattle, WA

*Duties:* Scheduled client assessments, managed client payments and administered phone screens to potential clients for an NIMH-funded study on suicidal women with BPD. Conducted clinical assessment interviews to measure treatment effects (including a Treatment History Interview, the Situational Competency Test, and the Means-Ends Problem Solving procedures). Transcribed assessment interviews.

*Direct Supervisor:* Susan Bland, MSW

*Faculty Supervisor:* Marsha Linehan, Ph.D.

03/08 – 09/09

DBT for Opiate Dependent Men and Women with Borderline Personality Disorder  
Behavioral Research and Therapy Clinics, Department of Psychology, University of Washington, Seattle, WA

*Duties:* Administered phone screens to potential clients for a NIDA-funded study on opiate dependent men and women with BPD. Administered participant urinalyses. Conducted clinical assessment interviews to measure treatment effects (including a Treatment History Interview, the Situational Competency Test, and the Means-Ends Problem Solving procedures). Transcribed assessment interviews.

*Direct Supervisor:* Susan Bland, MSW

*Faculty Supervisor:* Marsha Linehan, Ph.D.

### **PEER REVIEWED PUBLICATIONS**

- Tkachuck, M. A.**, Schulenberg, S. E., & Lair, E. C. (2018). Natural disaster preparedness in college students: Implications for institutions of higher learning. *Journal of American College Health*, 66(4), 269-279.
- Neacsiu, A. D., & **Tkachuck, M. A.** (2016). Dialectical behavior therapy skills use and emotion dysregulation in personality disorders and psychopathy: A community self-report study. *Borderline Personality Disorder and Emotion Dysregulation*, 3(6), 1-12.
- Harned, M. S., Ruork, A. K., Liu, J., & **Tkachuck, M. A.** (2015). Emotional activation and habituation during imaginal exposure for PTSD among women with borderline personality disorder. *Journal of Traumatic Stress*, 28, 253-257.
- Harned, M. S., **Tkachuck, M. A.**, Youngberg, K. A. (2013). Treatment preference among suicidal and self-injuring clients with borderline personality disorder and PTSD. *Journal of Clinical Psychology*, 69, 749-761.

### **PAPER PRESENTATIONS, SYMPOSIA, PANELS, & POSTERS**

- Tkachuck, M. A.**, Weathers, L. N., & Florez, I. A., & Schulenberg, S. E. (2016, June). Meaning in Life, Psychological Flexibility, and Valued Living: Birds of a Feather? *Poster presented at the 14<sup>th</sup> Association for Contextual Behavioral Science Annual World Conference in Seattle, WA.*
- White, K. E., Stephens, L. T., Weber, M. C., **Tkachuck, M. A.**, & Schulenberg, S. E. (2016, April). *Tornado preparedness of UM students.* Paper presented at the Third Annual Conference on Psychological Science, Oxford, MS.
- Weber, M. C., **Tkachuck, M. A.**, Weathers, L. N., & Schulenberg, S. E. (2015, April). Emergency preparedness of University of Mississippi students. *Presentation at the 2<sup>nd</sup> annual University of Mississippi Conference on Psychological Science in Oxford, MS.*
- Weber, M. C., Weathers, L. N., **Tkachuck, M. A.**, & Schulenberg, S. E. (2015, April). Emergency preparedness of University of Mississippi faculty and staff. *Presentation at the 2<sup>nd</sup> annual University of Mississippi Conference on Psychological Science in Oxford, MS.*
- Tkachuck, M. A.** (2016, June). A bridge too short: Using a values-based approach to bridge the gap between a military and civilian culture. *IGNITE presentation presented at the 14<sup>th</sup> Association for Contextual Behavioral Science Annual World Conference in Seattle, WA.*
- Tkachuck, M. A.** (2015, March). A bridge too short: Using acceptance and commitment therapy to aid in veteran readjustment through the integration of two disparate cultures. *Panel presented at the 1<sup>st</sup> annual Southeastern Chapter of the Association for Contextual Behavioral Science Conference in Lafayette, LA.*
- Baczowski, B. J., Aiena, B. J., Florez, I. A., **Tkachuck, M. A.**, Smith, C. V., Schulenberg, S. E. (2013, November). Informing disaster preparedness efforts on a college campus. *Poster presented at the 47<sup>th</sup> annual Association for Behavioral and Cognitive Therapies Conference, Nashville, TN.*

**Tkachuck, M. A.** & Neacsiu, A. D. (2012, November). Skills use and emotion regulation in expressive personalities. *Poster presented at the 46<sup>th</sup> annual Association for Behavioral and Cognitive Therapies Conference in National Harbor, MD.*

Harned, M. S., **Tkachuck, M. A.**, Liu, J., Ruork, A. K. (2012, November). Emotional engagement and habituation during exposure therapy for PTSD for patients with BPD. *Presentation at the 46<sup>th</sup> annual Association for Behavioral and Cognitive Therapies Conference in National Harbor, MD.*

Landes, S. J., Goodman, M., Jackson, C., Goldstein, M., **Tkachuck, M. A.**, Korslund, K. E., & Linehan, M. M. (2012, November). Outcome of intensive training and implementation of DBT in the VA. *Poster presented at the 17<sup>th</sup> annual International Society for the Improvement and Teaching of Dialectical Behavioral Therapy Conference in National Harbor, MD.*

Harned, M. S., **Tkachuck, M. A.**, Youngberg, K. A. (2011, November). Treatment preference among suicidal and self-injuring clients with borderline personality disorder and PTSD. *Presentation at the 45<sup>th</sup> annual Association for Behavioral and Cognitive Therapies Conference in Toronto.*

## **TEACHING EXPERIENCE**

### Undergraduate Abnormal Psychology

*Duties:* Presented two guest lectures in an interteaching format. Covered general characteristics of the neuron, existential and humanistic therapy approaches, reliability and validity, and comparing the medical/disease model to the problems with living model of psychological distress.

*Professor:* Kelly Wilson, Ph.D.

### Graduate Quantitative Methods in Psychology Teaching Assistant

*Duties:* Tutor students who struggle with course material in developing a conceptual understanding and practical application of statistics, particularly how data analysis relates to social science research. Work with students on improving their ability to plan, conduct, interpret, and write about statistical analyses in relation to various research questions.

*Professor:* Elicia C. Lair, Ph.D.

### Undergraduate Developmental Psychology Teaching Assistant

*Professor:* Gary C. Glick, Ph.D.

## **MILITARY SERVICE**

08/99 – 08/04      **United States Marine Corps – Sergeant**, Honorable Discharge  
Airframe/Hydraulic Helicopter Mechanic/Air Crew, San Diego, CA – Twice deployed

## **SPECIALTY TRAINING AND CERTIFICATES**

### **Interdisciplinary Certificate of Applied Statistics**

Committee Chair: John P. Bentley, Ph.D.

June, 2017: 15 course hours in applied statistics

**American Red Cross Disaster Training in Psychological First Aid – Completion Certification**

Supervisor: Northwest Mississippi Chapter, Stefan E. Schulenberg, Ph. D.  
Trained in counseling individuals in the immediate aftermath of a disaster  
February, 2015: 6 hours

**COMPUTER AND LANGUAGE SKILLS**

**Software Proficiency**

R, SPSS, Mendeley, PsychInfo, PubMed, ReadCube, Microsoft Word, Microsoft Excel, Outlook, Access, PowerPoint, Catalyst Web Tools, familiarity with MPlus and SAS

**Language Skills**

Language: English (native)  
German (reading and writing proficient; speaking conversational)

**HONORS/AWARDS/DECORATIONS**

**Academic:**

Dean's List, University of Washington – Four quarters

**Military Awards:**

Marine Corps Good Conduct Medal  
Global War on Terrorism Expeditionary Medal  
Sea Service Deployment Ribbon (2<sup>nd</sup> Award)  
National Defense Service Medal  
Humanitarian Service Medal  
Meritorious Unit Commendation  
Meritorious Mast (3<sup>rd</sup> Award)  
Certificate of Appreciation